



# WINTER 2015

*Specialized Activities and Recreation  
in the Community*

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## MONTHLY ACTIVITIES

### BINGO

Everyone wins 2 prizes.

We play 8 games with 2 cards for everyone. Great prizes & Snacks!!

**2ND FRIDAY EVERY MONTH** Centralia college cafeteria  
**6:30—8:00pm** \*Cost \$5

### THEMED DANCE

Dance the evening away with live DJ  
Dress to the theme. Snacks will be provided.  
Great location that is very accessible to all!!

**Third Saturday every month at  
Centralia College Cafeteria**  
**7:00 –9:00pm** \*Cost \$5



JAN: WINTER BALL

FEB: VALENTINES

MAR: ST. PATRICKS

### DINE OUT

Join us each month for a great dinner out.  
Meet at the restaurant prepared to pay for  
your own meal.

**Second Tuesday every month**  
**5:00 pm** Bring \$12

JAN: PIZZA HUT

FEB: OCEAN SKY

MAR: DENNY'S

CENTRALIA

### Do you know??

- Applications are needed to attend events
- People First members coordinate the ( \* ) events
- The activities are accessible fun for all !!!

**LEWIS COUNTY PEOPLE FIRST –where disabilities are secondary and people are first!!**

**Third Saturday every month** Come join a group of self advocates creating ways to be included and a part of the community.  
NEW Time: 2-4PM Centralia College Atrium

*Parents, caregivers, community members !!! We want to make this positive for everyone, and we could use your help. If you are interested in supporting this program, please call 360-880-0672 Volunteer training can be provided, if needed.*

Additional copies at : [www.Reliableenterprises.org](http://www.Reliableenterprises.org)  
EMAIL: [LEWIS.SPARC@gmail.com](mailto:LEWIS.SPARC@gmail.com)  
MAILING ADDRESS: P.O. BOX 668 CHEHALIS WA 9852



~ January 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 JUMP 4-5	2	3
4	5 JUMP 11-12	6	7 BOWLING	8 JUMP 4-5	9 BINGO 6:30-8PM	10
11	12 JUMP 11-12	13 DINE OUT PIZZA HUT	14 BOWLING	15 JUMP 4-5	16	17 PF MTG 2-4 DANCE 7-9PM
18	19 MLK DAY JUMP 11-12	20	21 BOWLING	22 JUMP 4-5	23	24 OUT AND ABOUT REGAL MOVIE 11am- 4pm
25	26 JUMP 11-12	27	28 BOWLING	29 JUMP 4-5	30	31 SPECIAL OLYM- PICS BASKET BALL TOURNAMENT BREMERTON

## SPORTS, HEALTH AND FITNESS

### BOWLING

Go and enjoy two games at the Fairway Lanes Bowling Alley. Bring your own money for bowling & snacks. There are various other times that groups bowl also, so you may want to call Fairway Lanes at 736-4100

**Weds. Bowling is full.**

**\*\*Cost \$5**

### JUMP

Enjoy an hour of light exercise and great nutrition in a fun accommodating environment.  
Pre-registration required with Sue at Thorbeckes 748-3744

**Every week**

**Mondays 11-12am**

**Thursday 4-5 pm**



### Special Olympics

If you're interested in playing, volunteering or coaching a sport, please contact Barb at 740-0955

FACEBOOK PAGE <https://facebook.com/CelibratingAbilities>



~ February 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 JUMP 11-12	3	4 BOWLING	5 JUMP 4-5	6	7
8	9 JUMP 11-12 THORBECKS HEALTH FAIR 4-7	10 DINE OUT OCEAN SKY	11 BOWLING	12 JUMP 4-5	13 BINGO 6:30-8PM	14
15 Out and About EVERGREEN THEATER 12:30-4pm	16 JUMP 11-12	17	18 BOWLING	19 JUMP 4-5	20	21 PF MTG 2-4 DANCE 7-9
22	23 JUMP 11-12	24	25 BOWLING	26 JUMP 4-5	27	28



~ March 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 JUMP 11-12	3	4 BOWLING	5 JUMP 4-5	6	7 Out and About OMSI 8:30-4:30
8	9 JUMP 11-12	10 DINE OUT DENNY'S CENT.	11 BOWLING	12 JUMP 4-5	13 BINGO 6:30-8PM	14
15	16 JUMP 11-12	17	18 BOWLING	19 JUMP 4-5	20	21 PF MTG 2-4 DANCE 7-9PM
22	23 JUMP 11-12	24	25 BOWLING	26 JUMP 4-5	27	28
29	30 JUMP 11-12	31	<b>Notes:</b>			

Applications are available on line at [www.reliableenterprises.org](http://www.reliableenterprises.org) or by emailing [LEWIS.SPARC@gmail.com](mailto:LEWIS.SPARC@gmail.com)  
 Paid registrations for Out and About activities are needed by deadline posted . Pay early to guarantee your seat!!

# OUT AND ABOUTS

LIKE us on FACEBOOK AT [www.facebook.com/LCSPARC](http://www.facebook.com/LCSPARC)

**Notice: Registrations are NON-Refundable. If you can't attend after registering your paid registration will not be reimbursed. Thank you for understanding!**

## **LACEY REGAL16 CINEMA**

**COST \$20**

**SATURDAY, JANUARY 24**

**LEAVE CENTRALIA STARBUCKS 11:00 AM AND RETURN AT 4 PM**

We will enjoy the day in Lacey. We will pick from 2 decent movies and split the group to go at the same time to be done close together. This way everyone will be supervised and have fun.

Bring personal money for lunch, popcorn/snack and drink at theater.

Suggest to bring additional \$20-25 for lunch and snacks at the movie.

**LIMITED SEATS: PAY REGISTRATION BY January 10**

## **LUNCH Out & EVERGREEN THEATER**

**COST \$20**

**SUNDAY, FEBRUARY 15**

### **The Delicious Revenge of Princess Rubyslippers**

**LEAVE CENTRALIA STARBUCKS 12:30 AND RETURN 4:00PM**

We will meet and go to lunch then go to Evergreen Theater in Centralia for a live performance of a comic confusion of fairy tale situations. The story has make-believe characters including a fairy godmother, the big bad wolf, a giant, a witch and Prince Charming. Bring at least \$10-15 for lunch

**LIMITED SEATS: PAY REGISTRATION BY FEBUARY 4TH**

## **OMSI IN PORTLAND**

**COST \$25**

**SATURDAY, MARCH 7**

**LEAVE CENTRALIA STARBUCKS 8:30 AM AND RETURN 4:30**

We will enjoy the day at Omsi in Portland. This day is packed with lots of stimuli and group will need to be able to stay together to make it fun for everyone.

Bring personal money for lunch, snacks and souvenirs. Suggest \$20-25

**LIMITED SEATS: PAY REGISTRATION BY FEBUARY 23**

**MAIL REGISTRATION CHECKS TO :**

**PEOPLE FIRST C/O PAULA WIND P.O. BOX 668 CHEHALIS, WA 98532**

**IF YOU HAVE ANY QUESTIONS: CALL 360-880-0672 OR**

**EMAIL: LEWIS.SPARC@gmail.com**

