



Calendar

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# **MONTHLY ACTIVITIES**

**BINGO** 

Everyone wins 2 prizes.

We play 8 games with 2 cards for everyone. Great prizes & Snacks!!

2ND FRIDAY EVERY MONTH

\*Cost \$5 6:30-8:00pm



## THEMED DANCE

Dance the evening away with live DJ Dress to the theme. Snacks will be provided. Great location that is very accessible to all!!

Third Saturday every month at Centralia College Cafeteria 7:00 -9:00pm \*Cost \$5

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OCT: HALLOWEEN
NOVEMBER: HARVEST

DEC: KARAOKE

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#### Do you know??

- **Applications** are needed to attend events
- People First members and volunteers support the program
- The dance, bingo and game night are accessible fun for all !!!

## DINE OUT

Join us each month for a great dinner out. Meet at the restaurant prepared to pay for vour own meal.

**Second Tuesday every month Bring \$12** 5:00 pm

OCT: PIZZA HUT

NOV: CASA RAMOS

**DEC: DAIRY QUEEN** 

## PEOPLE FIRST

Third Saturday every month Come join a group of self advocates creating ways to be included and a part of the community. Centralia College Atrium **NEW Time: 2-4PM** 

Parents, caregivers, community members !!! We want to make this positive for everyone, and we could use your help. If you are interested in supporting this program, please call 360-880-0672 Volunteer training can be provided, if needed.

> Additional copies at: Www.Reliableenterprises.org MAILING ADDRESS: P.O. BOX 668 CHEHALIS WA 9852

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
#3				1 BOWLING	JUMP 4-5PM	ω	4
	5	6 JUMP 11-12	7	8 BOWLING	JUMP 4-5PM	10 BINGO 6:30PM	OUT AND ABOUT
	12	13 JUMP 11-12	PIZZA HUT DINE OUT 5PM	15 BOWLING	16 JUMP 4-5PM	17	18 2-4 PM PF MTG DA-NCE 7-9 PM
	19	20 JUMP 11-12	21	22 BOWLING	23 JUMP 4-5PM	24	25
*	26	27 JUMP 11-12	28	29 BOWLING	30 JUMP 4-5PM	31	

# SPORTS, HEALTH AND FITNESS

# **BOWLING**

Go and enjoy two games at the Fairlanes Bowling Alley. Bring your own money for bowling & snacks. There are various other times that groups bowl also, so you may want to call Fairway Lanes at 736-4100

Weds. Bowling is full.

\*\*Cost \$5

# **JUMP**

Enjoy an hour of light exercise and great nutrition in a fun accommodating environment.

Pre-registration required with Sue at Thorbeckes 748-3744

Every week Mondays 11-12am Thursday 4-5 pm

# **Special Olympics**

If you're interested in playing, volunteering or coaching a sport, please contact Barb at 740-0955

FACEBOOK PAGE https://facebook.com/CelibratingAbilities



November							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3 JUMP 11-12	4	5 BOWLING	6 JUMP 4-5PM	7	8 HISTORY MUSUEM OUT AND ABOUT	
9	10 JUMP 11-12	11 CASA RAMOS DINE OUT 5:00PM	12 BOWLING	13 JUMP 4-5PM	14 BINGO	15 PF MTG 2-4 DANCE 7-9	
16	17 JUMP 11-12	18	19 BOWLING	20 JUMP 4-5PM	21	22	
23	24 JUMP 11-12	25	26 BOWLING	27 JUMP 4-5PM	28	29	
30							

Holidays and Observances: 11: Veterans Day, 27: Thanksgiving Day



December						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	JUMP 11-12		BOWLING	JUMP 4-5PM		
7	8 JUMP 11-12	9 DAIRY QUEEN DINE OUT	10	11 JUMP 4-5PM	12 BINGO	13
	JUMP 11-12	5:00PM	BOWLING	JUINIP 4-SPINI	BINGO	
14	15	16	17	18	19	20
	JUMP 11-12	ZOO LIGHTS OUT AND ABOUT	BOWLING	JUMP 4-5PM		PF MTG 2-4 DANCE 7-9
21	22	23	24	25	26	27
	JUMP 11-12		BOWLING	JUMP 4-5PM		
28	29	30	31			
	JUMP 11-12		BOWLING			

Holidays and Observances: 24: Christmas Eve, 25: Christmas Day, 31: New Year's Eve

# **OUT AND ABOUTS**

LIKE us on FACEBOOK AT www.facebook.com/LCSPARC

Notice: Registrations are NON-Refundable. If you can't attend after registering your paid Registration will be credited for the next event you decide to attend.

Thank you for understanding!

## PUMPKIN PATCH VANCOUVER

SATURDAY ,OCTOBER 11

Cost: \$25

Leave Centralia Starbucks at 10:00 am and return 4 pm

Come and enjoy the Bi-Zi Farms Pumpkin Patch. Your entrance to the Pumpkin Patch includes:

One free pumpkin, any size you can carry, Free admission to the corn maze, Free admission to the farm animals, Two shots on the Pumpkin Launchers Live music (Friday afternoon, Saturdays and Sundays), One free hot drink per admission: coffee, spiced cider or hot chocolate, Wagon ride to and from the Pumpkin Patch to find your "Perfect Pumpkin".

Bring \$20 for lunch and souvenirs.

PAY REGISTRATION BY OCT. 3RD

## **WASHINGTON STATE HISTORY MUSUEM**

SATURDAY, NOV. 8

**COST \$25** 

LEAVE CENTRALIA STARBUCKS 10 AM AND RETURN AT 4PM

The Washington State History Museum is where fascination and FUN come together! People of all ages can explore and be entertained in an environment where characters from Washington's past speak about their lives. Through interactive exhibits, theatrical storytelling, high-tech displays and dramatic artifacts, learn about our state's unique people and places, as well as their impact on the country and the world.

Bring \$20 for lunch and souvenirs.

Pay registration by Nov. 1st.



**ZOO LIGHTS PT. DEFIANCE TUES, DEC. 16 COST \$25** 

LEAVE CENTRALIA STARBUCKS 4PM return 9:30 pm

Bundle up and stroll the Zoo as it comes aglow with more than a half-million lights! Be inspired by dazzling animal-themed displays, including our 3-D displays of a swooping bald eagle, a regal polar bear family, and a Sumatran tiger head.

Bring \$20 for dinner and souvenirs.

Register by Dec. 5th

REGISTRATION CHECKS SHOULD BE MAILED TO:

**PEOPLE FIRST** C/O PAULA ZAMUDIO P.O. BOX 668 CHEHALIS, WA 98532 IF YOU HAVE ANY QUESTIONS: CALL 360-880-0672

