



CAREGIVER SUPPORT GROUPS

Thurston County

Family Caregiver Support Group

First United Methodist Church of Olympia
1224 Legion Way SE, Olympia
Meets in Room 222 of the Church
Third Tuesday of every Month,
5:30pm - 7pm
Open to everyone
Contact: Jeanne Kirkpatrick (360) 943-2661

Senior Services for South Sound & Alzheimer's Association

Support Groups: *Alzheimer's, *Memory Loss, *Adult Children
Meets in the STARS room of the
Olympia Senior Center
222 Columbia Street NW
First Thursday of every month, 6pm - 8pm
Contact: Cheri Knighton (360) 586-6181

*Alzheimer's, *Memory Loss, *Spouses/
Partners
St. Mark Lutheran Church
2109 College St SE, Lacey
Park in rear lot, enter through back door
Fourth Friday of every month, 1pm - 3pm
Contact: Carolyn Driscoll (360) 586-4491

LGBT Caregiver Support Group

Olympia Community Center
222 Columbia St. NW, Olympia
Second Thursday of every month
Contact: Annie 491-8943

Dementia Caregiver Support Group

Third Friday, Monthly 10:30am-12:00pm
Yelm Adult Community Center
16530 103rd Ave SE, Yelm
Third Friday of every month,
10:30am - 12noon

Dementia Caregiver Support Group

Rochester United Methodist Church
18206 Corvallis St, Rochester
First Tuesday of every month,
12noon - 1:30pm

Parkinson's Disease Support Group

for patients (caregivers welcome)
Weekly on Tuesdays, 11am - 12noon
Meets @ OLYMPIA Community Center
222 Columbia Street NW
Olympia, WA 98501
Contact: Rozanne Rants (360) 705-8520

www.LMTAAA.org

Thurston/Mason (360) 664-2168 • Lewis (360) 748-2288

Lewis County

Alzheimer's Support Group

Cooks Hill Community Church
2400 Cooks Hill Rd. Centralia
Second Saturday of every month
10:30am - 12noon
Facilitator: Tierney Butler (360) 629-4980

Brain Injury Support Group

Providence Centralia Hospital
First Tuesday of every month, 5pm - 7pm
Contact: (360) 864-4341

Cancer Support Group

for Patients and Caregivers
Radiant Care
2015 Cooks Hill Rd., Centralia
Third Tuesday of every month,
5:30pm - 6:30pm
Facilitator: Judy Batsko, RN*
(360) 878-2580
*Also runs a separate monthly BREAST
CANCER support group for both Patients
and Caregivers

Diabetic Support Group

1010 S. Scheuber Rd, Centralia 98531
Meets on the second floor in the
conference room.
First Thursday of every month
Contact: Brandi (360) 807-7907

Multiple Sclerosis Support Group

Providence Centralia Hospital
Contact: (360) 330-8626

NAMI Family Support

Chehalis Library
Third Tuesday of every month
5:30pm-7:30pm
Facilitator: Klaus Wallis (360) 486-4190

Parkinson's Support Group

Bethel Church
132 Kirkland Rd, Napavine
Second Thursday of every month,
meets at 1:00pm
Contact: Jan Erickson (360) 273-9987

Mason County

St. Hughes Episcopal Church
First Wednesday of every month
10am - 11:30am
Contact: Deborah (360) 621-1110

Parkinson's Support Group

710 Alder St.
Second Tuesday of every month
Meets at 2pm
Contact: Rebecca McGavick
(360) 426-6194, rebjicksn@gmail.com

Cancer Support Group

First Saturday of every month
1pm - 3pm
Mason General Hospital
For more information call: (360) 456-8266

Diabetes Support Group - SHELTON

Third Thursday of every month
(except July & Aug.) 1pm - 2pm
Mason General Hospital, Ellinor Room

Diabetes Support Group - ALLYN

Fourth Thursday of every month
1pm - 2pm, Port of Allyn Building
Contact: Sue (360) 427-7332

Prostate Cancer Awareness & Support Group

for Men & significant others
Last Monday of every month
7pm - 8:30pm
Mason General Hospital Skokomish Room
Contacts:
Bill (360) 426-2486
Jim (360) 426-0266

Updated 5/28/2013

Pierce County & Phone Support

PIERCE COUNTY

Lifecare Center of Puyallup
511 10th Ave SE
Third Thursday of every month,
meets at 11:45am
Contact: Karen Williams (253) 845-7566
Karen.Williams@lcca.com

Caregiver's Support Group
Good Samaritan Behavioral Health
Second Monday of every month,
meets at 1:30pm
Contact: Shannon Tait (253) 697-8533
Shannon.tait@goodsamhealth.org

Lakewood Support Group
St. Mary's Episcopal Church
Contact: (253) 582-8421

Parkinson's Disease Support Group
325 E. Pioneer, Puyallup, WA
Contact: (253) 697-8539

Caregiver Support Group
United Methodist Church, Puyallup
Contact: (253) 752-7117

Tacoma Group

Tacoma Lutheran Home
3rd Friday at 11:30am
Contact: Sharon Jung (253) 284-4488
psnhogan@aol.com

Pt. Fosdick Fire Station, Gig Harbor
Contact: (253) 858-8741

St. John's Episcopal Church, Gig Harbor
Second Wednesday of every month,
4:30pm - 5:30pm
Contact: Doug Manuel (253) 858-8741
manuel@harbornet.com

TELEPHONE SUPPORT

Parkinson's Telephone Support Group
Third Tuesday of every month,
7:30pm - 9pm
1-866-453-5550
Enter PIN: 5323 846, then press #
Facilitator: Barbara Bridges
3rd Tuesday 7:30-9pm

Alzheimer's Association 24/7 Helpline
(800) 272-3900